

MOM NEWSLETTER

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First meeting of the partners in Milan, Italy in November 2017

MOM Project

MOM – Maternity Opportunities and Mainstreaming, a European Project funded by Erasmus+, aims at framing maternity as a learning experience that provides mothers with soft skills that are extremely useful in today's workforce.

Motherhood is often seen as a “period of crisis” by employers, a phase of professional weakening.

Our project aims at raising awareness about the skills that women naturally gain during motherhood and focus on how these can be transferred to employability skills. The project is based on the innovative program of Maam (Maternity as a master) developed by Piano C, the leading partner of MOM. Project partners are committed to raise awareness among employers, as well as mums about the valuable knowledge and skills mothers have.

Partners

- Piano C (IT)
- Inova Consultancy (UK)
- International Platform for Citizen Participation (BG)
- University of Thessaly (EL)
- Ayuntamiento de Alzira (ES)
- EUROMASC (NO)
- Fondazione Politecnico di Milano (IT)
- Life Based Value (IT)





Partners designing the training programme in Sheffield, UK in February 2018

‘MOM at presidential level’

As part of the Bulgarian Presidency, the European Conference on Vocational Education and Training (VET) was organised in Sofia on 24-25 April 2018. Rolf Aslaksrud Kristiansen from EUROMASC was invited as a speaker to talk about the Skillsbank and Skillstube (online toolkits targeting competence description and career guidance). The session focused on upskilling and re-skilling as well as career guidance. In his presentation on the use of the EQF and ECVET principles he used the MOM project as an example with an innovative approach. The audience representing national authorities and experts from Europe found this method interesting from a lifelong learning perspective with regards to transitions and challenges in establishing the work-life balance.

MOM Pilot Training

As part of the MOM project, partners designed, with Inova's coordination, an innovative training programme for unemployed mums. The training aimed at making mums aware of the many skills they have and increase their confidence and self-belief to return to work. The 3 sessions of the training programme have been piloted in 5 partner countries (Bulgaria, Greece, Italy, Spain, United Kingdom) in total with approximately 100 participants.

Participants found the sessions very useful. One of the UK participants testified that "This course has helped me to take a look at myself and feel empowered to move forward, back into work, and to see motherhood as an experience that prepares me for working in the future."



Training participants in Alzira, Spain in May 2018

More information

- Facebook: @MomEUProject
- www.eu-mom.eu
- info@eu-mom.eu

Next Steps

In the coming months MOM partners are going to design the MOM MOOC (Massive Open Online Course), based on the training programme delivered earlier in the project. Thanks to this MOOC the MOM philosophy will be accessible and sustainable to anyone online. It will be freely available and will support all women to realise their maternity experience also in terms of useful competences gained for the job market. The MOM partnership will develop in the next months the online course in order to make it available to the wider public. The MOM MOOC will be available in 5 different languages: English, Italian, Spanish, Bulgarian and Greek.